

PLANTING WITH THANKFULNESS: An Indigenous Story



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“Thankfulness,” said Mother, “is about treating all life on Mother Earth as kin. Plants and animals are family.” Thankfulness according to Mother involves acts of respect, and it involves caring for the land so that Mother Earth can support future generations, and be ever-lasting!



Mother said, "Thankfulness is about giving Thanks each and every day!" My mother ended her teaching on Thankfulness by saying, "There are many ways in which we can give Thanks. We can give Thanks in acts of gratitude and in giving back, in feasts, in ceremonies, in stories, in song, in prayer, and in dance."



Special Note: The authors of this book would like to give Thanks to Mooshoom Pocha for his teachings on Thankfulness.